



7 tips for helping a loved one deal with hearing loss

Why does it take most people 7 years to do something about hearing loss?

There are several reasons why people wait, the most common being society's view of aging and hearing. If you are helping a family member or friend address hearing loss, these tips will help start the conversation.

Tip 1: Prioritize hearing health

Everyone 55 years of age and older should have their hearing screened as part of their annual wellness exam. To help with this, you can schedule the hearing screening for your loved one, attend the appointment with them and have your hearing tested too!

Tip 2: Stay positive

Having trouble hearing doesn't necessarily mean a person has hearing loss. This is why a professional hearing screening is so important – because it allows you to get the facts.

Tip 3: "Getting by" is not good enough

Often, a loved one can "get by" by asking others to repeat what they've said or pretending to understand. However, as people with hearing loss start abandoning situations where they can't hear well, hearing loss begins to impact their daily life in a negative way.

Tip 4: Offset denial with the facts

Hearing loss occurs gradually over time, so many times family and friends are the first to recognize hearing loss. Part of the reason people remain in denial about their hearing loss is because they begin to lose the ability to recognize the fact that they can no longer hear certain everyday sounds. A free hearing screening by a Hearing Care Provider can help highlight these missing sounds.

Tip 5: You're in this together

Share how your loved one's hearing loss affects you and your relationship with them. Assure them that they are loved and that your desire is to continue being able to enjoy activities together. 95% of people with hearing loss can be treated with hearing aids – so the future is positive!

Tip 6: Check insurance coverage

Some medical insurance covers the cost of assisted listening devices and hearing aids. Contact your loved one's health insurance provider for information on what is covered. Take this information with you to the hearing screening.

Tip 7: Educate yourself about hearing loss

It's important to help loved ones with hearing loss find the right solution to fit their needs because hearing impacts overall health and wellbeing. There is much to be gained by being proactive about hearing!

Hearing well helps us live life to the fullest. By starting the conversation, you are helping your loved one or friend take the first step toward better hearing.

Call HearUSA today to schedule a **FREE hearing screening: 1-855-222-1902**



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